



USA WEIGHTLIFTING

The National Governing Body for Weightlifting in the United States

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SCORESHEET

Competition: 2012 FRCF Fall Weightlifting Meet **Location:** Front Range CrossFit
Date: 11/10-11/12 **Group:** 69-75+ KG **Sanction #:**

Lot No.	Member ID	Div	Wt Class	Name (Please print legibly)	Year of Birth	Team	Body Wt	Snatch			Best	Clean & Jerk			Best	Total	Place	Points	Sinclair
								1	2	3	Sna	1	2	3	C&J				
47	174750		69	Lori Metke	1980	Front Range WLC	65.3	60	63	65	63	75	78	80	80	143	1		
55	144075		69	Anna Shoolroy	1978	Robinson Weightlifting	68.4	51	54	56	54	63	67	70	67	121	2		
66	177764		69	Christy Pratt	1983	CF VIM	68	40	45	50	45	59	65	71	65	110	3		
15	177822		69	Stephanie Higgins	1987	Flatirons CR	66.6	36	38	40	40	47	51	54	54	94	4		
13	173723		69	Niki LaMonica	1967	Front Range WLC	66.7	35	38	41	38	45	48	50	50	88	5		
43	157528		75	Arlene Ward	1986	Front Range WLC	70.3	74	78	82	82	90	95	100	100	182	1		
71	168739		75	Emma Cook	1986	Flatirons CF	71.1	52	55	55	55	61	65	68	65	120	2		
68	177761		75	Melissa Dunn	1970	CF VIM	69.2	39	43	43	39	57	59	59	57	96	3		
56	179123		75	Heidi Rogers	1983	Colorado Springs CF	72.1	36	40	45	40	52	56	60	56	96	4		
17	177095		75	S E Rafferty	1975	Flatirons CF	74.5	36	36	38	36	45	48	50	50	86	5		
32	171168		75+	Erica Solano	1984	Flatirons CF	78.4	53	57	61	57	70	75	78	78	135	1		
44			75+	Kerri Wenke		FRCF	78.6	53	55	57	57	71	75	77	77	134	2		
9	176299		75+	Darika Siegel	1983	Flatirons CF	75.1	36	38	41	41	45	47	50	47	88	3		

REFEREES

MEET DIRECTOR

Skip Miller

DATE

11/10/2012

PLEASE **EMAIL** COMPLETED FORM TO: usaw@usaweighting.org